



**Advanced[®]
Dermatology**

Skin Cancer and
Laser Surgery Center, P.C.

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Board Certified Dermatologists

General Dermatology

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Darlene Johnson Skow, M.D.
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Dermatopathology

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Pediatric Dermatology



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POST BIOPSY CARE INSTRUCTIONS

1. Remove band-aid tonight or tomorrow morning.
2. Gently wash the biopsy site with soap and water once a day.
3. Pat dry and apply Polysporin, Vaseline, or Aquaphor and a band-aid until healed

Some redness and minimal discomfort are a normal part of the healing process for the first few weeks after biopsy. It often takes 3-4 weeks for biopsies to heal. The hands, feet, and legs may take even longer. The biopsy site will heal with a scar. Please call our office if you have any questions or concerns.

POST LIQUID NITROGEN INSTRUCTIONS

1. Areas sprayed with liquid nitrogen will get red and puffy after you leave. Stinging and burning are normal symptoms at treated areas.
2. You can gently wash treated areas with soap and water in the shower or at the sink as the normal part of your routine starting the same day
3. Blisters will form in these spots. Do not pick at the blisters. Apply Vaseline or Aquaphor ointment to these areas until healed, especially through the scabbing and crusting phase. This can take 1-2 weeks on the face and longer on the trunk or extremities. Band-aids will keep ointment in place overnight and where covered with clothing. Scars may form at treated areas.

If you have worsening redness, swelling, pain, or discharge, contact our office for possible infection. Avoid recreation water exposure to treated areas until fully healed due to risk of infection. If the lesion does not fully resolve or recur after treatment, come in for a recheck.