



Advanced[®] Dermatology

Skin Cancer and
Laser Surgery Center, P.C.

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Board Certified Dermatologists

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RESTYLANE/ JUVEDERM/ RESTYLANE SILK POST-OP CARE

1. Avoid touching the treated area within 6 hours following treatment. After that, the area can be gently washed with soap and water.
2. Until the initial redness and swelling have resolved, avoid exposure of the treated area to intense heat (sunlamp or sunbathing)
3. Immediately after the treatment, the most commonly reported side effects were temporary redness, swelling, and/or bruising at the injection site. The effects typically resolve within a few days. Cold compresses may be used immediately after treatment to reduce the chance of swelling. If bruising does occur, a single ice cube in a small Ziploc bag should be applied lightly to the area for 10 minutes out of each hour after treatment.
4. If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to your physician about medications that may minimize a recurrence.
5. Avoid exercise and alcohol for 6 hours post-treatment.
6. One week prior to your next treatment with Restylane/ Juvederm/ Restylane Silk, avoid taking aspirin, non-steroid anti-inflammatory medications, St. John's Wort and high doses of Vitamin E supplements. These agents may increase bruising and bleeding at the injection site.
7. You should notice an improvement in the depth of your treated "line" that was injected with Restylane/ Juvederm/ Restylane Silk today. This response varies from person to person. In some individuals this is complete and in others it is only partial. Even a partial decrease in your ability to form facial lines is beneficial.
8. In most individuals, the benefits of Restylane/ Juvéderm/ Restylane Silk last for six to nine months. In some people, a partial benefit may last even longer. Evidence shows that having a follow-up treatment before the product has fully dissipated will enhance the lasting effect. Speak to your physician about recommendation for touch-up or follow-up treatments.