



Advanced[®] Dermatology

Skin Cancer and
Laser Surgery Center, P.C.

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Botox Post-Op Care

1. Do not lie down for at least 4 hours. Keep your head elevated.
2. Do not touch or massage the areas treated.
3. A small percentage of people treated with Botox develop a slight drooping of the upper eyelids. Although uncommon, this usually disappears within 2-3 weeks. If this should happen, please contact the office.
4. Slight bruising in the areas of treatment is normal and may persist for a few days.
5. If bruising does occur, a single ice cube in a small Ziplock bag should be applied lightly to the area for 10 minutes out of each hour for about 3 hours after treatment.
6. You should notice a decreased ability to wrinkle the skin with facial expressions after treatment. The response varies person to person. In some individuals this is complete and in others it is only partial. Even a partial decrease in your ability to form facial lines is beneficial.
7. In most individuals the benefits of Botox last for three to six months. In some people, a partial benefit may last even longer. Once it appears that all the benefits of your Botox treatment have faded, you will need another treatment to maintain the benefit.