



**Advanced<sup>®</sup>  
Dermatology**

Skin Cancer and  
Laser Surgery Center, P.C.

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**ALDARA/ZYCLARA**

Apply Aldara/Zyclara: \_\_\_\_\_

Aldara/Zyclara cream should be applied just before bedtime.

- Wash your hands and the area to be treated with mild soap and water. Allow the area to dry prior to applying Aldara/Zyclara.
- Open a new packet of the Aldara/Zyclara cream just before use or prepare the prior used packet from the last application.
- Apply a thin layer of Aldara/Zyclara cream only to the affected area or areas to be treated. Do not use more Aldara/Zyclara cream than is needed to cover the treatment area. If there is cream left over in the packet, save the rest for the following application. The active ingredient will degrade and no longer be active if the cream is exposed to air, so please tape any open packet shut. Keep the package covered and out of reach of children and animals.
- Rub the cream in all the way to the affected area or areas.
- Do NOT get Aldara/Zyclara cream in your eyes.
- Do not cover the treated area with an airtight bandage.
- After applying Aldara/Zyclara cream, WASH YOUR HANDS WELL.
- Keeping the treated areas moist with petroleum products, such as Aquaphor or Vaseline, will prevent scabbing and decrease itch and sensitivity. Cool compresses to any inflamed areas may also be helpful.

Please contact our office immediately to be seen if you think you have developed an infection in the area treated.

Aldara/Zyclara cream works by stimulating your immune system to come to the area to kill off abnormal (precancerous, cancerous, or virally infected) skin. During treatment and until the skin has healed, your skin in the treatment area is likely to appear noticeably different from normal skin. Anticipated responses, such as redness, swelling crusting, itching, and burning are expected at the site where Aldara/Zyclara cream is applied, and sometimes the effects go outside of the area where Aldara/Zyclara cream was applied. If skin is too red, irritated, or painful, it is okay to discontinue use for one week. Restart the following week to get the full cycle of treatment.

If you experience flu-like symptoms, severe fatigue, open sores, or other severe side effects, please stop the Aldara/Zyclara and call the office immediately.

Your doctor will want to see you in 4-6 weeks after you finish treatment. Please make an appointment with your doctor for follow-up. If you ever have questions regarding the medication and its use, please call our office during normal business hours.