



## Advanced Dermatology

Skin Cancer and Laser Surgery Center, P.C.

www.advaderm.com

### Board Certified Dermatologists

#### General Dermatology

Gregory G. Papadeas, D.O.  
Steven A. Brenman, D.O.  
Jamie G. Surovsk, M.D.  
Jennifer A. Ray, M.D.  
Ryan G. Gamble, M.D.  
Dawnielle C. Endly, D.O.  
Ryan O'Leary, M.D.  
Paul J. Grant, M.D.  
Anne H. Hanson, D.O.  
Roger I. Ceilley, M.D.

#### Mohs Micrographic Surgery

James T. Chapman, M.D.  
Darlene S. Johnson, M.D.

#### Dermatopathology

Sean Amsbaugh, M.D.

#### Pediatric Dermatology

Elizabeth Swanson, M.D.



#### Medical Center of Aurora

1390 South Potomac Street  
Suite 124

Aurora, CO 80012  
303-368-8611  
303-368-9791 fax

#### Centennial

12645 East Euclid Drive  
Centennial, CO 80111

303-493-1910  
303-493-1915 fax

#### Evergreen Medical Center

30960 Stagecoach Blvd., Suite W140  
Evergreen, CO 80439

303-670-7065  
303-670-7067 fax

#### Summit County

710 Summit Blvd., Suite 102  
PO Box 4005

Frisco, CO 80443  
970-668-9650  
970-668-9654 fax

#### Castle Rock

2352 Meadows Blvd., Suite 220  
Castle Rock, CO 80109

303-493-1910

## RESTYLANE / JUVEDERM / RESTYLANE SILK POST-OP CARE

- 1) Avoid touching the treated area within 6 hours following treatment. After that, the area can be gently washed with soap and water.
- 2) Until the initial redness and swelling have resolved, avoid exposure of the treated area to intense heat (sunlamp or sunbathing).
- 3) Immediately after the treatment, the most commonly reported side effects were temporary redness, swelling and/or bruising at the injection site. These effects typically resolve within a few days. Cold compresses may be used immediately after treatment to reduce the chance of swelling. If bruising does occur, a single ice cube in a small Ziploc bag should be applied lightly to the area for 10 minutes out of each hour after treatment.
- 4) If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to your physician about medications that may minimize a recurrence.
- 5) Avoid exercise and alcohol for 6 hours post-treatment.
- 6) One week prior to your next treatment with Restylane/Juvederm/Restylane Silk, avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wort and high doses of Vitamin E supplements. These agents may increase bruising and bleeding at the injection site.
- 7) You should notice an improvement in the depth of your treated "line" that was injected with Restylane/Juvederm/Restylane Silk today. This response varies from person to person. In some individuals this is complete and in others it is only partial. Even a partial decrease in your ability to form facial lines is beneficial.
- 8) In most individuals, the benefits of Restylane/Juvederm/Restylane Silk last for six to nine months. In some people, a partial benefit may last even longer. Evidence shows that having a follow-up treatment before the product has fully dissipated will enhance the lasting effect. Speak to your physician about recommendations for touch-up or follow-up treatments.