



Dr Swanson's Favorite Things

Advanced Dermatology

Skin Cancer and Laser Surgery Center, P.C.

www.advaderm.com

Board Certified Dermatologists

General Dermatology

Gregory G. Papadeas, D.O.

Steven A. Brenman, D.O.

Jamie G. Surovik, M.D.

Jennifer A. Ray, M.D.

Ryan G. Gamble, M.D.

Dawnielle C. Endly, D.O.

Ryan O'Leary, M.D.

Paul J. Grant, M.D.

Anne H. Hanson, D.O.

Roger I. Ceilley, M.D.

Mohs Micrographic Surgery

James T. Chapman, M.D.

Darlene S. Johnson, M.D.

Dermatopathology

Sean Amsbaugh, M.D.

Pediatric Dermatology

Elizabeth Swanson, M.D.



Medical Center of Aurora

1390 South Potomac Street

Suite 124

Aurora, CO 80012

303-368-8611

303-368-9791 fax

Centennial

12645 East Euclid Drive

Centennial, CO 80111

303-493-1910

303-493-1915 fax

Evergreen Medical Center

30960 Stagecoach Blvd., Suite W140

Evergreen, CO 80439

303-670-7065

303-670-7067 fax

Summit County

710 Summit Blvd., Suite 102

PO Box 4005

Frisco, CO 80443

970-668-9650

970-668-9654 fax

Castle Rock

2352 Meadows Blvd., Suite 220

Castle Rock, CO 80109

303-493-1910

Sensitive Skin Care

- ALL Free and Clear Laundry Detergent
- No fabric softeners/dryer sheets
- Dove Sensitive Skin or Cetaphil soap
- Vanicream moisturizer- Walmart, Target, Costco, Sams (apply ON TOP of meds)
- Vaseline or Aquaphor (apply ON TOP of any medicines)
- Robathol bath oil- in office or online
- GermX Foaming Hand Sanitizer

Sunscreens

- Neutrogena Sensitive Skin/Pure Baby
- Banana Boat Kids Cream (not spray)
- COTZ Total Block/ COTZ Face (tinted) **
- Zinka "Colors" Sunscreen- various colors, fun for kids **
- Elta MD UV Aero (Spray) Zinc based sunscreen- in office or online
- Colore Science Pro Powder Sun Protection **
- Heliocare pills

Face Care Products

- SkinCeuticals Ultimate UV Defense SPF 30**
- SkinCeuticals Sheer Physical UV Defense SPF 50**
- Elta MD UV Clear- acne prone skin- tinted- in office or online
- Cerave PM for nighttime
- Olay Active Hydrating Cream**
- Cetaphil Foaming Face Wash
- Cerave Foaming Facial Cleanser
- Olay Deeply Clean Mineral Face Cleanser***
- Cetaphil non drying face cleansing wipes

Hats/Sun Protective Clothing

- www.coolibar.com
- www.wallaroo.com
- www.solumbra.com

Compression Stockings

- www.brightlifedirect.com- Allegro brand- 8-15 mm Hg

Keratosis Pilaris

- Dove Gentle Exfoliating Wash
- AmLactin 12% Cream
- Cerave SA
- Differin 0.1% gel at bedtime (for face)

** - order online

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